

The Book Of Awakening Having The Life You Want By Being Present To The Life You Have

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The Book Of Awakening Having

The Book of Awakenings is a perfect read for anyone who feels as though they're muddling through: losing life, losing purpose, losing love, identity, focus, or worse, the malaise has manifested as a dis-ease in the body and there you are, broken, alone, clueless as to how to break the cycle.

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The Book of Awakening: Having the Life You Want by Being Present to the Life You Have (20th Anniversary Edition): Nepo, Mark, Curtis, Jamie Lee: 9781590035009: Amazon.com: Books.

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The Book of Awakening, by poet and teacher Mark Nepo, provides small doses of what really matters, simple truths and stories from everyday lives, plus inspiration from the great wisdom traditions. Each day's entry is accompanied by simple, yet profound, practices designed to help us live the life we want by being present to the life we have.

Amazon.com: The Book of Awakening: Having the Life You ...

Allergies have taken over my whole face!!! But...the show must go on!!! Daily reading of The Book of Awakening. Grab your coffee, tea or whiskey and join me ...

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For every moment of joy sprouting, there is a new moment of struggle taking root. We live, embrace, and put to rest our dearest things, including how we see ourselves, so we can resurrect our lives anew." — Mark Nepo, The Book of Awakening: Having the Life You Want by Being Present to the Life You Have. 21 likes.

The Book of Awakening Quotes by Mark Nepo

The Book of Awakening "Mark Nepo is an astonishing poet and teacher. He generously comforts us while guiding us toward the deep, quiet river of wisdom that saturates each and every day of our lives." —WAYNE MULLER, founder and president of Bread for the Journey and author of How, Then, Shall We Live? and Sabbath

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The Book of Awakening: Having the Life... by Mark Nepo

The Book of Awakening,Having the Life You Want by Being Present to the Life You Have Contributor (s): Nepo, Mark (Author)Paperback on May 01, 2000. Published May 31st 1999 by Conari Press.

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