

## Therapeutic Modalities For Musculoskeletal Injuries 3rd Edition Athletic Training Education

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Therapeutic Modalities for Musculoskeletal Injuries offers balanced coverage of the uses and abuses of modality treatments, allowing readers to evaluate and apply the most effective modalities for specific injuries. The third edition begins with a discussion of the physical and psychological aspects of injury and rehabilitation, persistent and chronic pain and pain relief, and the impact of injury and pain on neuromuscular control.

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Rose L Smith, Therapeutic Modalities for Musculoskeletal Injuries, ed 2, Physical Therapy, Volume 87, Issue 2, 1 February 2007, Pages 232-233. ... the role of the neuromuscular system is a major focus area in the beginning of the initial evaluation of the injury. The modality continuum ends with outcome methods to validate modality usage.

### Therapeutic Modalities for Musculoskeletal Injuries, ed 2

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### Therapeutic Modalities for Musculoskeletal Injuries

Cryotherapy. Common cold modalities include cold packs, ice massage, cold baths, vapocoolant sprays, and cold compression units. These modalities lower local tissue temperature. Physiologic effects of cold: decreases pain, blood flow, edema, inflammation, muscle spasm, and metabolic demand. 2.

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### Therapeutic Modalities for Musculoskeletal Injuries

Nonpharmacological treatment strategies for acute musculoskeletal injury revolve around pain reduction and promotion of healing in order to facilitate a return to normal function and activity. Heat and cold therapy modalities are often used to facilitate this outcome despite prevalent confusion abou .... Nonpharmacological treatment strategies for acute musculoskeletal injury revolve around pain reduction and promotion of healing in order to facilitate a return to normal function and activity.

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